

DAY 2

Friday, March 1st 2013

8.00am	Registration – Tea and coffee
8.30am	Welcome and introductions
8.45am	Bridget Ingle – Distorted nipples – Not just a slip of the tongue
9.45am	Dr Alison Stuebe – Choose your words carefully – Reclaiming breastfeeding as the cultural norm
10.30am	Morning tea
11.00am	Jill Bergman – Helping health professionals to help parents at birth
11.45am	Bridget Ingle – Breastfeeding cleft style
12.45pm	Lunch
1.45pm	Dr Alison Stuebe – Mood, mother and infant: Breastfeeding and postpartum depression
2.45pm	Afternoon tea
3.00pm	Dr Nils Bergman – Kangaroo mother care: Restoring the original paradigm for infant care
4.00pm	Panel discussion – <i>Q&A with our panel of speakers</i>
4.30pm	Close

Accreditation

IBCLC CERPs have been applied for.
Check website for details.

Venue Information

Waipuna Hotel and Conference Centre
58 Waipuna Road Mt. Wellington Auckland.

Waipuna Hotel and Conference Centre is located close to Auckland City and Auckland's International Airport. Waipuna is set amongst 6.26 acres of parkland overlooking a picturesque saltwater lagoon. Our prestigious 4-star hotel accommodation and superb guest facilities, include 450 free off-street car parks, internet, restaurant and bar options, and a swimming pool, spa and gymnasium for your use. Our superbly appointed Auckland accommodation offers 25 suites and 125 spacious ensuite rooms perfect for families, holiday makers, corporate traveller, or romantic weekend getaways.

Accommodation: Delegates to this conference may access discounted room rates. To download the accommodation booking form please go to www.breastfeedingconferences.com.au

Find out more

To find out more about the conference programme, payment options, the speakers or conference facilities, please email info@breastfeedingconferences.com.au or visit www.breastfeedingconferences.com.au

Cancellation and Refund Policy

Cancellations can be accepted up to 48 hours prior to the start of each conference program, provided that you notify us by email: info@breastfeedingconferences.com.au. No refund can be provided to those who do not attend and fail to notify us in advance.

We reserve the right to cancel seminars in the event of unforeseen circumstances. In this case, every effort will be made to contact participants by email and/or phone in good time, and a full refund of registration fees will be offered.

We will refund conference fees if one full week's notice of cancellation is given. No refunds will be made for travel expenses incurred in the event that the conference is cancelled.



www.breastfeedingconferences.com.au

Cover photograph: Ashlee Decaries Mama Aroha

BREASTFEEDING Turning the Tide



Dates:

28th of February and 1st of March, 2013

Venue:

Waipuna Hotel and Conference Centre,
58 Waipuna Road, Mt Wellington, Auckland

New Zealand Lactation Consultants Association

Proudly managed by



Conference PROGRAMME

DAY 1

Thursday, February 28th 2013

7.45 am	Registrations – Tea and coffee
8.15am	Welcome President NZLCA
8.30am	Dr Nils Bergman – The brain at birth: Perinatal neuroscience and skin-to-skin contact
9.30am	Jill Bergman – Parent-centered developmental care for NICU Staff
10.30am	Morning tea
11.00am	Dr William Sears – Why won't that baby sleep? Night-time parenting and the fussy baby
12.00noon	Dr Alison Stuebe – Does breastfeeding prevent maternal metabolic disease or does maternal metabolic disease prevent breastfeeding?
1.00pm	Lunch
2.00pm	Bridget Ingle – Leave it up to Baby – Baby-led attachment, hands off technique (HOT), skin-to-skin, biological nurturing, cross cradle hold, asymmetric latch
3.00pm	Afternoon tea
3.30pm	Dr Nils Bergman – Tiny tummies – A neurobehavioral approach to feeding frequency
4.30pm	Close
4.45pm	Refreshments – NZLCA Members Only
5pm to 6pm	NZLCA Annual General Meeting

Registration

It’s easier to register online!

go to: www.breastfeedingconferences.com.au

Please note – all prices are listed in Australian dollars (AUD\$).
Payments may be accepted via credit card or paypal.

PRICING – NZLCA members (please tick)		
<input type="checkbox"/> 2 days		\$380
<input type="checkbox"/> Earlybird (if registered by Dec 31st)		\$320
<input type="checkbox"/> Day 1		\$205
<input type="checkbox"/> Earlybird (if registered by Dec 31st)		\$160
<input type="checkbox"/> Day 2		\$205
<input type="checkbox"/> Earlybird (if registered by Dec 31st)		\$160

I will be attending the NZLCA Annual General Meeting ☐ Y ☐ N

PRICING – Non-members (please tick)		
<input type="checkbox"/> 2 days		\$420
<input type="checkbox"/> Earlybird (if registered by Dec 31st)		\$390
<input type="checkbox"/> Day 1		\$220
<input type="checkbox"/> Earlybird (if registered by Dec 31st)		\$190
<input type="checkbox"/> Day 2		\$220
<input type="checkbox"/> Earlybird (if registered by Dec 31st)		\$190

Name _____

Address _____

_____ Postcode _____

Phone _____

Email _____

Occupation _____

Place of work _____

Special dietary needs _____

Credit card payment

Total amount \$ _____

Card type: ☐ Visa ☐ Mastercard

Card Holder’s Name _____

_____/_____
Credit Card Number Expiry Date

CVV Number

Post this form to:
ALMA – 41 Heath Marsh Rd, Panmure, Vic 3265 Australia

Speakers

Dr Nils Bergman

Nils Bergman’s primary professional interest revolves around Kangaroo Mother Care (KMC), and the underlying perinatal and developmental neuroscience. His diverse background explains his broader public health approach to supporting and promoting the global dissemination of maternal-infant skin-to-skin contact. With Midwife Agneta Jurisoo, Nils developed and implemented KMC for premature infants right from birth, with dramatic improvement in survival of premature babies.

He continues researching this and has given keynote addresses on KMC at International conferences in six continents. He has a diploma in Child Health, a masters degree in Public Health, and a Doctoral degree in Clinical Pharmacology.

Jill Bergman

Jill Bergman holds a degree in Geography and English and a higher diploma in Education. She has worked as a teacher, missionary, counselor, guider and youth leader, in three cultures and using three languages. Nevertheless, her top priority is her family, and three children. All along she has been working with Dr Nils Bergman on Kangaroo mother care and has written a book – “hold your prem” a workbook for skin to skin contact for parents of premature babies, as well as scripted and produced four films on KMC.

Bridget Ingle

Bridget Ingle is an International Board Certified Lactation Consultant in her 20th year of practice. Her professional background started in paediatric nursing and midwifery but easily moved to all things lactation and breastfeeding following the birth of their first child 25 years ago. Bridget initially supported breastfeeding mothers as a Counsellor with the Australian Breastfeeding Association (then NMAA) and after her certification as an IBCLC, she built a busy private practice in Brisbane, and gained considerable clinical experience in complex breastfeeding issues such as recurrent mastitis, abnormalities of latch, low supply, and cleft palate. Bridget enjoys sharing her knowledge as a speaker at conferences, mentoring new or aspiring IBCLCS, and as a tutor and educator with Health e-Learning.

Dr Alison Stuebe

Alison Stuebe is a maternal-foetal medicine subspecialist at the School of Medicine, University of North Carolina (UNC). She has published multiple peer-reviewed articles on the association between lactation and long-term maternal health outcomes.

In the clinical arena, she serves as medical director of lactation at UNC Hospitals, where she works with an interdisciplinary team of faculty and staff in lactation, paediatrics, family medicine, ob/gyn, pathology, general surgery, dermatology, and maternal/child health. She is currently conducting research on clinical management of breastfeeding complications and the intersection between postpartum depression and premature weaning.

Dr William Sears

William Sears, one of America’s most renowned paediatricians, is the father of eight children, author of over 40 books on childcare and Associate Clinical Professor of Pediatrics at the University of California, Irvine School of Medicine.

A paediatrician for over 35 years, Dr. Sears received his paediatric training at Harvard Medical School’s Children’s Hospital in Boston and The Hospital for Sick Children in Toronto, the largest children’s hospital in the world, where he served as Associate Ward Chief of the newborn nursery and Associate Professor of Pediatrics. In addition to writing many books and scientific articles, Dr. Sears is a medical and parenting consultant to Baby Talk and Parenting Magazines. Dr. Sears is a fellow of the American Academy of Pediatrics, and a fellow of the Royal College of Pediatricians.

President’s invitation

It is my pleasure to invite you to NZLCA’s 2013 conference. NZ IBCLCs and breastfeeding supporters have made considerable progress in providing a high standard of clinical practice across our country. In addition, we have made a significant contribution to the near 100% BFH accredited Maternity Facilities and have made a great start on the accreditation of BFC facilities. I hope that by the end of this two day event, you’ll share my vision to progress our successes even further – maybe to come full-circle in some cases, maybe to completely change direction in others. Register for this event and let’s start “turning the tide” together.

Bev Pownall – President NZLCA

About NZLCA

The New Zealand Lactation Consultants Association (NZLCA) is the professional association of the International Board Certified Lactation Consultant (IBCLC) in New Zealand. NZLCA members have all passed a fully accredited examination set by the International Board of Lactation Consultants Examiners (IBLCE).

Opportunities for education provided by NZLCA for members and interested health professionals include workshops, and conferences which cover many aspects of lactation, often provided by international presenters.

Sponsorship

NZLCA welcomes sponsorship from WHO Code (& subsequent WHA Resolutions) compliant companies. For further information please contact info@breastfeedingconferences.com.au

For a copy of the sponsorship prospectus please email Barb at info@breastfeedingconferences.com.au

Conference Bookstore

Come and visit our bookstore during the conference. You can browse our range of the latest books, DVDs, resources and gifts, including books by and recommended by our guest speakers.

How to get here:

If travelling from the North: Take the South Eastern Highway exit off the motorway and turn left into Carbine Road. Travel 1 km to the intersection of Carbine Road and Waipuna Road. Turn right into Waipuna Road. You will find Waipuna Hotel and Conference Centre less than a kilometre further on the left.
If travelling from the South: Take the Mt Wellington exit off the motorway and turn right onto the Mt Wellington Highway. Turn right onto Waipuna Road.

