

ABOUT THE SPEAKERS



Diane Wiessinger

Diane Wiessinger MS, IBCLC, holds Bachelor's and Master's degrees in Biology and in Ecology and Evolutionary Biology from Cornell University. She has been a La Leche League Leader since 1985 and an International Board Certified Lactation

Consultant since 1990. Diane has published articles and commentaries on numerous breastfeeding topics, co-authoring a chapter on infant latch in *Supporting Sucking Skills in Breastfeeding Infants*, and La Leche League International's *The Womanly Art of Breastfeeding*, 8th edition and *Sweet Sleep*. Diane has spoken across North America and abroad on her favorite topics: How mothers and babies sleep; how they make breastfeeding happen; and how the language we use reflects our unconscious views of breastfeeding. Her animal behavior background from 30 years ago has finally sunk in: one of her favorite topics is how our mammalian ancestry affects giving birth and learning to breastfeed in the 21st century.



Diana West

Diana West is an international board certified lactation consultant (IBCLC) in private practice, co-author with Teresa Pitman and Diane Wiessinger of the 8th edition of La Leche League International's *The Womanly Art of Breastfeeding*. She is also co-author

with Lisa Marasco of *The Breastfeeding Mother's Guide to Making More Milk* and Dr. Elliot Hirsch of *Breastfeeding After Breast and Nipple Procedures*, and ILCA's *Clinician's Breastfeeding Triage Tool*. She is the author of the *Defining Your Own Success: Breastfeeding After Breast Reduction Surgery*. She is on the Editorial Review Board for the Journal of Clinical Lactation, a La Leche League Leader and the Media Director for La Leche League International, has a bachelor's degree in psychology, and is the administrator of the popular BFAR.org, LowMilkSupply.org, and LactSpeak.com websites.



Catherine Fetherston

Associate Professor Cathy Fetherston is Head of Nursing and Associate Dean Learning and Teaching in the School of Health Professions at Murdoch University in Western Australia. Cathy has also been an IBCLC since 1992, and worked in a private community

hospital lactation clinic until 2010. She still provides continuing breastfeeding education to midwives, lactation consultants and

child health nurses and conducts short courses in Breastfeeding and Human Lactation to assist candidates to prepare for the IBCLC. Cathy's research interests are varied but there has been a focus on mastitis and pathophysiology of the lactating breast. She has published a number of papers in this area and a book chapter on the immunological protection of the breast.

Who should attend this seminar

This seminar is suitable for experienced lactation consultants, midwives, child health nurses, paediatric nurses, medical doctors and allied health professionals and students- in fact wanting to wanting to consolidate and broaden their skills in breastfeeding and lactation

Find out more

To find out more about the conference program, payment options, the speakers or conference facilities, please contact Barb Glare, phone 0488 757 334 or email info@breastfeedingconferences.com.au or visit www.breastfeedingconferences.com.au

Accreditation

CERPS will be applied for – please see website for details.

Cancellation and Refund Policy

For cancellation and refund policy please see our website.



www.breastfeedingconferences.com.au

BREASTFEEDING MATTERS 24/7



DATES:

Perth:
September 26 – 27, 2014

Sydney:
September 29 – 30, 2014

VENUES:

Perth:
Perth Convention and Exhibition Centre
21 Mounts Bay Rd, Perth WA 6000

Sydney:
Novotel Sydney Central
69–179 Thomas St, Sydney NSW 2000



REGISTRATION FORM

Pricing (please tick)

<input type="checkbox"/> 2 Day Conference	\$405
<input type="checkbox"/> Earlybird (if registered before August 21st 2014)	\$380
<input type="checkbox"/> Day 1	\$225
<input type="checkbox"/> Earlybird	\$195
<input type="checkbox"/> Day 2	\$225
<input type="checkbox"/> Earlybird	\$195

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To book online go to:

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Cheque or Money order can be made payable to:

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41 Health Marsh Road

Panmure, Vic 3265

ABN 83 820 560 346 – Barbara Glare

CONFERENCE PROGRAM

Day 1

8.00 am Registrations – Tea and coffee

8.30 am Introduction and welcome

9.00 am Diane Wiessinger: **Normal maternal, infant and childhood sleep**

10.00 am Catherine Fetherston: **Analysis of the ethical issues in the breastfeeding and bedsharing debate**

11.00 am Morning tea

11.30 am Diane Wiessinger: **SIDs, ASSB and infant sleep controversies**

1.00 pm Lunch

2.00 pm Diana West: **Infant sleep training**

3.15 pm Afternoon Tea

3.45 pm Diane Wiessinger and Diana West: **Research based sleep guidelines for breastfeeding families**

5.15 pm Close

Day 2

8.00 am Registrations – Tea and coffee

8.30 am Introduction and welcome

8.45 am Diane Wiessinger: **Mamalian mothering**

10.00 am Catherine Fetherston: **Understanding lactation mastitis: Current knowledge and new perspectives**

11.00 am Morning tea

11.30 am Diana West: **Nipple knowledge**

1.00 pm Lunch

2.00 pm Diane West: **Making more milk**

3.30 pm Afternoon tea

4.00 pm Diane Wiessinger: **Tigers through hoops – The baby that won't attach to the breast**

5.15 pm Close

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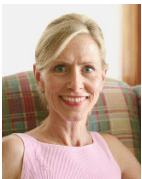


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Bridget Ingle

Bridget Ingle is an International Board Certified Lactation Consultant in her 21st year of practice. Her professional background started in paediatric and midwifery nursing but easily moved

to all things lactation and breastfeeding following the birth of their first child 25 years ago. Bridget initially supported breastfeeding mothers as a Counsellor with the Australian Breastfeeding Association (then NMAA) and after her certification as an IBCLC, she built a busy private practice in Brisbane, and gained considerable clinical experience in complex breastfeeding issues such as recurrent mastitis, abnormalities of latch, low supply, and cleft palate. Bridget enjoys sharing her knowledge as a speaker at conferences and mentoring new or aspiring IBCLCS