

Intuitive Parenting Network, LLC presents

# ORAL HABILITATION OF THE BREASTFEEDING DYAD:

## A Masterclass for Manual Therapists



### PRESENTERS

Jennifer Tow  
Bryna Sampey  
Sharon Vallone  
Lisa Lahey



**View Online:** October 15– November 8, 2020

# ORAL HABILITATION OF THE BREASTFEEDING DYAD:

## A Masterclass for Manual Therapists

### The IBCLC Masterclass: Oral Habilitation of the Breastfeeding Dyad is Going Online for Australia!

**We will be presenting our program, previously planned for Sydney, for our Australian audience on-line in October. Given the uncertainty of COVID travel and gathering restrictions, in collaboration with our host, Breastfeeding Conferences, we have elected to record our lectures and present them as webinars released 15-17th October (as previously scheduled), along with Live Integration Sessions to be presented during October 24-25. Live integration sessions provide attendees with the opportunity to discuss the sessions with lecturers and ask questions. The programs for IBCLCs and bodyworkers/manual therapists will be presented simultaneously, as previously planned.**

#### **COURSE OVERVIEW:**

Join us for 3 days of lecture and practicum online plus 2 more days of live, integrated online classes to elevate your practice as an IBCLC/Body Worker!

This course is a high-level Master Class directed specifically towards IBCLCs. There's no more effective environment for learning than the in-person exchange of information with a group of experienced colleagues. Bolstered by a presentation of the supportive theory and research, the days are filled with strategies for intake, assessment, clinical documentation, anatomy and physiology, nutrition, infant reflexes, identifying and understanding when and where to refer babies with structural dysfunction, developing a collaborative team and integrating all of these resources in attaining functional breastfeeding competency. The course stresses a collaborative assessment of neurologic and biomechanical function as it affects breastfeeding, through infant reflexes and a demonstration as to how the IBCLC and manual therapist can utilise reflexes and facilitate their integration through movement.

With successful completion of the three-day Master Class, the experienced IBCLC/Bodyworker will be able to define the strategies involved in functional assessment and habilitation of the breastfeeding dyad, educate families accordingly, develop a sustainable and achievable care plan and the capacity to share relevant information with colleagues towards the goal of collaboration and enhanced knowledge in the field of advanced lactation. In addition, the IBCLC will be able to reference a compendium of effective exercises and tools for facilitating oral habilitation, sucking skills and body movement. They will be able to use multiple strategies to confidently educate families on the use and rationale behind the care plan developed for infants with complex feeding difficulties.

# PROGRAM

## Webinars Released Day One (October 15th)

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### IBCLCS and MANUAL THERAPISTS

Learning to See Babies, Jennifer Tow (1.5)

Introduction: The Role of the Primitive Reflex in Oral Function, Bryna Sampey (1.5)

Breastfeeding: the Architect of the Human Airway, Jennifer Tow (1.5)

The Role of Bodywork in Normalising Function: Part 1, Sharon Vallone (1.5)

Myofunctional Disorders: Origination in Infancy, Long-term Impact on Human Health, Jennifer Tow (1.0)

## Webinars Released Day 2 (October 16th)

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### IBCLCS and MANUAL THERAPISTS

Functional Assessment of the Breastfed Baby, Lisa Lahey (2.0)

The Role of Bodywork in Normalising Function: Part 2, Sharon Vallone (2.0)

Rhythmic Movement for Function, Bryna Sampey (2.0)

Collaborative Assessment of Neurologic and Biomechanical Function as it Affects Breastfeeding, Bryna Sampey & Sharon Vallone (1.75)

Visual Documentation for the IBCLC: Lisa Lahey (1.0)

# PROGRAM

## Webinars Released Day 3 (October 17th)

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### IBCLCS ONLY

Hands on: Tools for Oral Habilitation of the Breastfed Baby, Part 1, Bryna Sampey (1.0)

Hands on: Tools for Oral Habilitation of the Breastfed Baby, Part 2, Jennifer Tow (1.0)

Hands on: Tools for Oral Habilitation of the Breastfed Baby, Part 3, Lisa Lahey (1.0)

Maternal History and its Role in Functional Habilitation, Jennifer Tow (1.5)

Supporting Healing and Optimising Function Post Tongue-tie Release, Jennifer Tow (1.0)

The Steps to Habilitation: Applying Our Tools in Normalising Function, Bryna Sampey, Jennifer Tow, Lisa Lahey & Sharon Vallone (2.0)

Effectively & Ethically Communicating With & Teaching Parents, Professionals, Colleagues, Bryna Sampey (1.0)

### BONUS Webinar:

Foundational Anatomy, Sharon Vallone (1.25)

## Webinars Released Day 3 (October 17th)

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### MANUAL THERAPISTS ONLY

Manual Therapy Techniques to Support Breastfeeding, Sharon Vallone (3)

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\* **NB these videos will be available from those dates** - you don't have to watch them in real time on those dates. All recordings available until November 8th 2020.

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# LIVE INTEGRATION SESSIONS

**(Saturday October 24th and Sunday October 25th)**

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**NB it is advised that you watch these in real time on these dates**

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1. **The Role of the Primitive Reflex in Oral Function & Rhythmic Movement for Function Integration Session**, Bryna Sampey (IBCLCs and Manual Therapists)
2. **Learning to See Babies Integration Session**, Jennifer Tow (IBCLCs and Manual Therapists)
3. **The Role of Bodywork in Normalising Function Integration Session**, Sharon Vallone (IBCLCs and Manual Therapists)
4. **Functional Assessment of the Breastfed Baby Integration Session**, Lisa Lahey (IBCLCs and Manual Therapists)
5. **Collaborative Assessment of Neurologic & Biomechanical Function & the Interdisciplinary Team Integration Session**, Bryna Sampey & Sharon Vallone (IBCLCs and Manual Therapists)
6. **Hands on: Tools for Oral Habilitation of the Breastfed Baby Integration Session**, Bryna Sampey, Jennifer Tow, Lisa Lahey & Sharon Vallone (IBCLCs only)
- 7a. **Manual Therapy Techniques to Support Breastfeeding Integration Session**, Sharon Vallone (Manual Therapists only)
- 7b. **The Interdisciplinary team: Integration of Assessment Skills**, Bryna Sampey, Jennifer Tow

# PRESENTERS



**Jennifer Tow, BFA, MA, IBCLC, RLC, CSOM** has practiced holistic lactation and guided parents in raising their children holistically for over 25 years. A fascination with the physiology of wellness has led her on a 30-year journey exploring the influences on infant well-being that come to define long-term human well-being. She has come to focus her interest in the areas of epigenetics and the microbiome, gut-brain health, airway function and oral functional competency, exploring the profoundly far-reaching implications of this work for breastfeeding dyads.

While residing between the USA & France, Jennifer established an international client base and now sees most of her clients on-line, specialising in helping dyads with complex breastfeeding issues. Her reputation for guiding parents through these issues stems from her ability to integrate holistic modalities and an expanded skill-set, such as metabolic assessment and myofunctional therapy, into her practice.

She is a writer and lecturer, offering workshops internationally and via webinar on breastfeeding & epigenetics, gut health & healing, tongue-tie & airway development and holistic breastfeeding practices. After a decade in development, she now offers a year-long advanced course in Integrative and Holistic Lactation. She is a founding member of IATP (the International Affiliation of Tongue-tie Professionals) and is the Breastfeeding Section Leader of the AAPMD (American Academy of Physiological Medicine and Dentistry) and founder of the Holistic Lactation Institute. Jennifer is the mother of three children born at home in 1988, 1992 and 1998 and a granddaughter born at home in 2009.

Contact: [jennifertow@holisticIBCLC.com](mailto:jennifertow@holisticIBCLC.com)



**Bryna Sampey** became IBCLC-certified in 2010 after a 4500+ hour internship with Sonja Massey, BSN, RN, IBCLC at BabyMoon in Monterey, CA, USA. Prior to her certification as an IBCLC and Doula, she worked in Marine Chemistry in the Monterey Bay. Bryna owns a private practice in the Portland, Oregon metro area, offering home-visiting birth and lactation care, postpartum care, and education for parents and professionals. Bryna has specialised in her birth work with a focus on high-risk and surgical birth and the subsequent lactation issues that can arise from interventive birth. In her lactation work, she has additional areas of expertise in ankyloglossia assessment and recovery for the breastfeeding dyad, working with LGBTQIA+ families, and

Rhythmic Movement Training for babies and parents with birth and surgical trauma as well as breastfeeding difficulties.

Bryna has worked as an adjunct professor at Birthingway College of Midwifery, teaching students about complex parental situations in lactation, breast assessment and evaluation, hand expression and breast massage. She also teaches parents in prenatal breastfeeding education and newborn care at Oregon Health & Sciences University. When not teaching, working with clients, or learning more about breastfeeding and early parenting care, she can be found at home with her family in the beautiful Pacific Northwest.



**Sharon Vallone, DC, FICCP** (Fellow in Clinical Chiropractic Pediatrics)'s clinical practice is in a multi-discipline environment and brings 25+ years of pediatric experience with a primary interest in pregnancy, birth trauma, breastfeeding and problems with infant /toddler neurodevelopment. She finds her role frequently to be a member of a support team for infants and children providing assessment, treatment and healthcare advocacy, as well as individualised treatment for children with functional challenges. She is the editor of the Journal of Clinical Chiropractic Pediatrics and teaches internationally in the International Chiropractor's Association's postgraduate program in pediatric chiropractic.



**Lisa Lahey RN, IBCLC, CSOM** has been a nurse in maternal child health for 25 years working in L/D, postpartum, NICU, and perinatal education at hospitals in Indianapolis, Indiana. An IBCLC for 21 years, she was pleased to open her private practice Advanced Breastfeeding Care 6 years ago to offer consults for complex and joyful feeding. Lisa's excellent assessment skills of breastfeeding, expertise with tethered oral tissues, and other suck dysfunction helps to build feeding care plans that bring oral rehabilitation. Lisa also provides myofunctional therapy to children and adults in a local orthodontic office that focuses on airway and functional appliances in the treatment plans.

Lisa will graduate in April 2021 with a family nurse practitioner degree and plans to expand her practice with more integrative services and holistic care to families. Lisa enjoys speaking at feeding conferences and travels with her family in free time. Her 5 children helped her fall in love with breastfeeding and the optimal way it fosters health and relationships.

# Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Occupation \_\_\_\_\_

Place of work \_\_\_\_\_

Special dietary needs \_\_\_\_\_

IBCLC# \_\_\_\_\_

## Pricing (please tick)

Full Registration – \$675

Earlybird Registration – \$605

(Earlybird Registrations by October 10th 2020)

**TOTAL AMOUNT: \$** \_\_\_\_\_

## Payment options

Cheque  Money Order  Credit Card | Card type:  Visa  Mastercard

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Credit Card Number Expiry Date

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Card Holder's Name \_\_\_\_\_

## It's easier to book online!

**To book online go to: [www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)**

Cheque or Money order can be made payable to: Australian Lactation Management Associates (ALMA)

Please forward completed form and payment to:

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