



Becoming Us Seed Planting workshop

With Elly Taylor

Discover something that can make a lifetime of difference for families.

Learn how to plant powerful seeds for families to thrive.

Life is getting more and more complicated. This is one reason we are starting to see high stress levels, relationship concerns and Perinatal Mental Health conditions in early parenthood. The good news is there are ways to prepare and support parents to cope.

The great news is there are ways to prepare and support parents to thrive. AND it's easier than you think!

Come and meet Elly to find out how.

Becoming Us 2 hour Seed Planting Workshops

If you work with expecting or new parents in ANY professional capacity, you can learn how to plant powerful seeds that support mothers, fathers and partners to cope as individuals, pull together as a couple, and thrive as a family.

In this two hour interactive seminar you'll discover:

- That while we call it the "transition into parenthood", there are actually more than eight (8!!!) major life transitions for mothers, fathers and families. You'll learn what these transitions are and how you can use them in your role.
- How the research and evidence-based Becoming Us approach can support you to work with individuals, couples or groups in a whole-family way to navigate the different transitions of parenthood, reduce risks for PMH issues and relationship problems and support families to thrive.
- New brain research into learning and relationships that can make all the difference in your work.
- How to design and plant a 3 part 'Becoming Us' seed for parents to grow their love and you can see just how powerful this tool can be! And the best bit? Seed planting only takes a moment for you – but can make a lifetime of difference for families. Elly would love to show you how.

Registration

Name _____

Address _____

Postcode _____

Phone _____

Email _____

Occupation _____

Place of work _____

Special dietary needs _____

Pricing (please tick)

Full Registration – \$265

Earlybird Registration – \$225

(Earlybird Registrations by Friday September 25th 2019)

Student Registration – \$225

Student Earlybird Registration – \$195

(Earlybird Registrations by Friday September 25th 2019)

TOTAL AMOUNT: \$ _____

Payment options

Cheque Money Order Credit Card

Card type: Visa Mastercard

_____/_____
Credit Card Number Expiry Date

Card Holder's Name CW

It's easier to book online!

To book online go to: www.breastfeedingconferences.com.au

Cheque or Money order can be made payable to:
Australian Lactation Management Associates (ALMA)

Please forward completed form and payment to:
41 Heath Marsh Road, Panmure, Vic 3265
ABN 83 820 560 346 – Barbara Glare

Birth MATTERS:

Combining the emotional and medical



Date:

November 2nd, 2019

Venue:

Vibe Hotel Sydney
111 Goulburn Street
Sydney



www.breastfeedingconferences.com.au

Program

8.15am	Registration opens – Tea/coffee served
8.30am	Welcome and open
8.45am	Rodney Whyte – “Can I take that?” Breastfeeding mothers get sick too
9.45am	Rodney Whyte – Pharmacological management of milk supply – Highs and lows
10.45am	Morning tea
11.15am	Robert Biter – Maternity in crisis?
12.15pm	Robert Biter – A quiet moment – Preserving reverence and quiet in the first moments of life
1.00pm	Lunch
2.00pm	Elly Taylor – Seed planting workshop
4.30pm	Close

Speaker Biographies



Rodney Whyte

B Pharm, Grad Dip Hosp Pharm, MSHPA,
MPSA

**Victorian Pharmacist's Medal 2017-
2018, Monash University Affiliate**

Rodney has a background of over 30 years of practice in hospital and community pharmacy, much of which has been as a specialist therapeutic medicines expert. He holds postgraduate qualifications, a Monash University appointment and has extensive clinical experience in a number of medical specialties. He is a member of, and consultant to, many professional healthcare organisations and committees.

As a part of his current position as senior pharmacist at the Monash Medicines Information Centre at Monash Health (Victoria), Rodney also delivers presentations to an extensive and diverse range of hospital and community groups.



Robert M Biter MD

OB/GYN & ADVOCATE

Robert M. Biter, MD is a holistic Obstetrician and Gynecologist, founder of the worldwide nonprofit Seaside Giving and CEO of Babies by the Sea Birthing

Centers. During his clinical practice, he received multiple awards including San Diego Padres Medical Community AllStar, Best OB/Gyn in San Diego by Ranch and Coast Magazine

multiple years in a row and 40 under 40 Most Important San Diego Leaders. During his medical education at Pennsylvania State University, he was named most outstanding graduate entering the field of OB/Gyn where he received multiple scholarships including named a National Health Service Corps Scholar. During his postgraduate training he was honored as an American Medical Association Leadership Award and was named Best Chief Resident from the nursing staff and Best Resident Teacher. His undergraduate education was at Juniata College with a dual degree in theatre and premedical studies having earned scholarships for both areas of his studies.



Elly Taylor

Elly Taylor is an internationally recognised perinatal relationship expert, author and founder of Becoming Us. Elly has served on advisory panels for Monash University, Newcastle University and

the Australian Catholic University research projects and is currently on the board of the International Forum for Wellbeing in Pregnancy. Elly lives in Sydney with her firefighter husband, their three children and a bunch of pets.

Cancellation Policy

To claim the earlybird price you must register AND Pay before the earlybird cut off date.

Cancellations advised 30 days prior to the conference will receive a refund less \$60 admin fee.

If you need to cancel your registration after 30 days you may use your registration fee as a part payment towards another breastfeeding conference.

You may transfer your registration to another person, but you must advise us prior to the conference