**BREASTFEEDING**

**Turning the Tide**

**Dates:**
18th and 19th of February, 2013

**Venue:**
QT Hotel Gold Coast,
7 Staghorn Avenue, Surfers Paradise QLD

**And Online Conference**

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**DAY 1**

Monday, February 18th 2013

8.00am Registrations – Tea and coffee
8.30am Welcome and introductions
8.45am Dr Nils Bergman – The brain at birth: Perinatal neuroscience and skin-to-skin contact
9.45am Dr William Sears – Attachment, love and baby’s development
10.45am Morning tea
11.15am Dr Alison Stuebe – Does breastfeeding prevent maternal metabolic disease, or does maternal metabolic disease prevent breastfeeding?
12.15pm Bridget Ingle – What’s in a name? Making sense of biological nurturing, baby-led attachment, cross cradle, asymmetrical latch
1.15pm Lunch
2.15pm Jill Bergman – Helping health professionals to help parents at birth
3.00pm Afternoon tea
3.45pm Dr William Sears – Why won’t that baby sleep? Nighttime parenting and the fussy baby
4.00pm Dr Nils Bergman – Tiny tummies – A neurobehavioural approach to feeding frequency
4.45pm Panel discussion
5.15pm Close

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**DAY 2**

Tuesday, February 19th 2013

8.00am Registration – Tea and coffee
8.30am Welcome and introductions
8.45am Dr Nils Bergman – Kangaroo Mother Care: Restoring the original paradigm for infant care
9.45am Dr Alison Stuebe – Mood, mother and infant: Breastfeeding and postpartum depression
10.45am Morning tea
11.15am Bridget Ingle – Distorted nipples – Not just a slip of the tongue
12.15pm Sandra Burgess – Breastfeeding – Give it a go. Young parents teaching us all what breastfeeding is about
12.45pm Lunch
1.45pm Bridget Ingle – Breastfeeding cleft style
2.45pm Jill Bergman – Helping health professionals to help parents at birth
3.30pm Afternoon tea
3.45pm Dr William Sears – Why won’t that baby sleep? Nighttime parenting and the fussy baby
4.45pm Panel discussion
5.15pm Close

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**Venue Information**

With an enviable location easy walking distance to the beach, Cavill Avenue shopping and the entertainment district, QT Gold Coast blends first class service with inspired facilities. Formerly the Gold Coast International Hotel, QT Gold Coast is a designer hotel haven unlike anything Surfer’s Paradise has seen before. Relax in our revamped pool area, energise on one of two newly re-topped tennis courts or indulge in the all new market place style Bazaar restaurant after sipping a coastal cocktail creation from Stingray Lounge.

**Parking:** Onsite parking available $8 per day.

**Accommodation:** Delegates to this conference may access discounted room rates. To download the accommodation booking form please go to 
www.breastfeedingconferences.com.au

**Find out more**

To find out more about the conference program, payment options, the speakers or conference facilities, please contact Barb Glare, phone 0488 757 334 or email info@breastfeedingconferences.com.au or visit www.breastfeedingconferences.com.au

**Accreditation**
IBCLC CERPs have been applied for. Check website for details. midPLUS points have been applied for check website for details. CPD points may be claimed for this program.

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**Cancellation and Refund Policy**
For cancellation and refund policy please see our website.

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Speakers

Dr Nils Bergman
Nils Bergman’s primary professional interest revolves around Kangaroo Mother Care (KMC), and the underlying perinatal and developmental neuroscience. His diverse background explains his broader public health approach to supporting and promoting the global dissemination of maternal-infant skin-to-skin contact. With Midwife Agneta Jurisso, Nils developed and implemented KMC for premature infants right from birth, with dramatic improvement in survival of preterm babies.

He continues researching this and has given keynote addresses on KMC at International conferences in six continents. He has a diploma in Child Health; a masters degree in Public Health, and a Doctoral degree in Clinical Pharmacology.

Dr William Sears
William Sears, one of America’s most renowned pediatricians, is the father of eight children, author of over 40 books on childcare and Associate Clinical Professor of Pediatrics at the University of California, Irvine School of Medicine. A pediatrician for over 35 years, Dr. Sears received his pediatric training at Harvard Medical School’s Children’s Hospital in Boston and The Hospital for Sick Children in Toronto, the largest children’s hospital in the world, where he served as Associate Ward Chief of the newborn nursery and Associate Professor of Pediatrics. In addition to writing many books and scientific articles, Dr. Sears is a medical and parenting professor, a fellow of the American Academy of Pediatrics, and a fellow of the Royal College of Pediatricians.

Dr Sandra Burgess
Sandra Burgess is a Registered Nurse and Registered Midwife with a strong background in the field of Maternal and Child Health. Sandra has spent the majority of her working life in the ACT and has developed excellent partnerships with key stakeholders across the primary health spectrum. She is currently implementing the ACT Breastfeeding Strategic Framework 2010-2015. A key focus of the breastfeeding initiative is to support women in identified priority groups, including young parents.

Jill Bergman
Jill Bergman holds a degree in Geography and English and a higher diploma in Education. She has worked as a teacher, missionary, counselor, guide and youth leader, in three cultures and using three languages. Nevertheless, her top priority is her family, and three children. All along she has been working with Dr Nils Bergman on Kangaroo mother care and has written a book – “hold your prem” a workbook for skin to skin contact for parents of premature babies, as well as scripted and produced four films on KMC.

Bridget Ingle
Bridget Ingle is an International Board Certified Lactation Consultant in her 20th year of practice. Her professional background started in paediatric and midwifery nursing but easily moved to all things lactation and breastfeeding following the birth of their first child 25 years ago. Bridget initially supported breastfeeding mothers as a Counsellor with the Australian Breastfeeding Association (then NMAA) and after her certification as an IBCLC, she built a busy private practice in Brisbane, and gained considerable clinical experience in complex breastfeeding issues such as recurrent mastitis, abnormalities of latch, low supply, and cleft palate. Bridget enjoys sharing her knowledge as a speaker at conferences, mentoring new or aspiring IBCLCs, and as a tutor and educator with Health e-Learning.

Dr Alison Stuebe
Alison Stuebe is a maternal-foetal medicine subspecialist at the School of Medicine, University of North Carolina (UNC). She has published multiple peer-reviewed articles on the association between lactation and long-term maternal health outcomes. In the clinical arena, she serves as medical director of lactation at UNC Hospitals, where she works with an interdisciplinary team of faculty and staff in lactation, paediatrics, family medicine, ob/gyn, pathology, general surgery, dermatology and maternal/child health. She is currently conducting research on clinical management of breastfeeding complications and the intersection between postpartum depression and premature weaning.