

Detailed Content Outline: How Babies Work: Sleep, Eat, Thrive - 27th April 2026 – 15th August 2026

Speaker	Presentation Title	Duration (hr)	Type	I Developmen t & Nutrition	II Physiology & Endocrinolog y	III Pathology	IV Pharmacolog y & Toxicology	V Psychology, Sociology & Anthropolo gy	VI Techniqu es	VII Clinical Skills
Helen Ball	The biology & anthropology of 'How babies sleep'	1	L					✓		
Pamela Douglas	Breastfeeding, unsettled infant behaviour, and developmental outcomes: Health system blind spots and possible paths forward	-	L	✓				✓		✓
Jessica Guy	Not All brains sleep the same: Integrating neurodiversity-affirming practice in early sleep support	1	L					✓		
Carly Grubb	Beyond risk elimination: Supporting parents in finding solutions for safer shared sleep - An integrative review	0.75	R					✓		
Helen Ball	Co-sleeping & bed-sharing: Progress and problems	1	R					✓		
Vivianne Kissane	Nurturing mothers, supporting infants: Addressing complex perinatal mental health needs	1	R					✓		
Helen Ball	New approaches for preventing unexpected infant deaths	1	R					✓		
Pamela Douglas	Sleep, perinatal mental health, and developmental outcomes: health system blind spots and possible paths forward	-	R					✓		
Levita D'Souza	Blankets, beliefs and baby beds: How diverse families navigate infant safe sleep	1	R					✓		

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Louise Herbert	Intergenerational trauma and sleep	1	R					✓		
Rebecca Cephai	Born neurodivergent: Supporting neurodivergent parents and babies in the perinatal period	1	L					✓		
Helen Ball	Slings and sleep safety: New research and guidance	1	R					✓		
Jessica Bennett & Talisa Thiering	Indigenising breastfeeding practices in neonatal intensive care units	0.75	L					✓		
Total CERPs		10.5	3.75 L							
			6.75R							