

Turning the Tide for Birth and Breastfeeding



- Dates:** Friday 26 February & Saturday 27 February, 2027
- Venue:** Lighthouse Theatre, corner of Liebig St & Timor St, Warrnambool Vic 3280
- Webinar:** 7 March – 7 July 7th, 2027
- Workshop:** From Assessment to Action: Clinical Reasoning for Complex Lactation and Infant Feeding Challenges: Thursday 25 February, 2027
- CPR Course:** Friday evening 26 February, 2027

Major Sponsor

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www.breastfeedingconferences.com.au

All funds raised go to support the work of the Warrnambool Breastfeeding Centre

About Turning the Tide for Birth and Breastfeeding.

*The Warrnambool Breastfeeding Centre welcomes you back to Warrnambool for **Turning the Tide for Birth and Breastfeeding 2027**. Join us for a packed 2 or 3 day program of learning in our beautiful beach location.*

What is the Warrnambool Breastfeeding Centre?

The Warrnambool Breastfeeding Centre provides a welcoming space where local families can connect and access professional breastfeeding information and support, including breast pump hire and advice on lactation aids. Seed funding for the Centre came from our first conference in 2012. Fifteen years later, we are proud to still be supporting families in our community.

Getting there

Getting to Warrnambool is easy. Follow the Princes Highway for the just-over-three-hour drive from Melbourne Airport (Tullamarine), or around 2.5 hours from Avalon Airport. If you have a little more time, why not take the scenic route along the Great Ocean Road?

Accommodation

Warrnambool has a great range of reasonably priced accommodation. For options, check Airbnb and Stayz.

Social Program

Welcome Reception – 5-7pm, Thursday 25 February

The Warrnambool Breastfeeding Centre: 141 Koroit St, Warrnambool

Conference Dinner– 6.30pm, Friday 26 February

Venue TBA

Can't make it in person?

We don't want you to miss out. Turning the Tide for Birth and Breastfeeding program is also available online.

Webinar available: 7 March – 7 July 2027

Optional CPR Course

5-7pm – Friday 26 February, 2027

Need to update your CPR/BLS certification? This course is suitable for anyone wishing to renew their annual certification, as well as those completing a CPR course for the first time.

Workshop

Thursday, February 25th

Venue – The Studio at The Lighthouse Theatre,
corner of Liebig St & Timor St Warrnambool Vic 3280

Program

8:00am Registration open: Tea and coffee served

8:45am A Case Study Approach to Critical Thinking Skills for Lactation Professionals

10:00am Low Milk Production Detective Work: Assessment and Care Plan Considerations

11:15am Morning Tea

11:45am Evaluating Beyond the Frenulum: Assessment and Activities for Supporting Optimal Infant Oral Function

1:00pm Lunch

1:45pm Beyond Fenugreek: Critically Thinking about Herbal Support

3:15pm Afternoon Tea

3:30 pm Common Infant Digestive Health Concerns and Useful Support Strategies

4:30 pm Close

Assessment to Action:

Clinical Reasoning for Complex Lactation and Infant Feeding

With Melissa Cole



IBLCE Approval: PP202669 - 6.25 L CERPs

Turning the Tide

for Birth and Breastfeeding

Day 1 Friday, 26 February

8:00am	Registration open – Tea and coffee served
8:45am	Opening address
9:00am	Melanie Jackson – Working with the pain of labour
10:00am	Morning tea
10:30am	Melody Jackson – Trauma-informed breastfeeding care
11:30am	Melissa Cole – Beyond the basics of latch: Support strategies for helping babies when the basics aren't enough
12:30pm	Lunch
1:30pm	Anna Brown – Mouth breathing in infancy and beyond: Are we wasting valuable opportunities to prevent multiple comorbidities?
2:15pm	Tanisha Springall – Culturally specific continuity of midwifery care for Aboriginal and Torres Strait Islander women and babies
3:00pm	Afternoon tea
3:15pm	Norma Barrett – When birth care breaks down: What complaints tell us about maternity care
3:45pm	Tarnya Eggleton – Supporting breastfeeding in the outback: A perspective from the Royal Flying Doctor Service
4:30pm	Close
6:30pm	Conference dinner (<i>Venue TBA</i>)

Day 2 Saturday, 27 February

8:30am	Registrations open – Tea and coffee served
8:45am	Hao Vo-Tran – Medication myths that disrupt breastfeeding
9:30am	Deborah Carrington – Breastfeeding through a new pregnancy
10:30am	Morning tea
11:00am	Kelly Kara – Water birth: From labour to lactation
11:45am	Melody Jackson – The metabolic breast: Insulin resistance, diabetes and milk production
12:30 pm	Lunch
1:30pm	Melissa Cole – Making sense of mammaries: Assessment and integrative care
2:30pm	Mairaed Crawford – Sweet dreams are made of this: Understanding infant sleep
3:15pm	Afternoon tea
3:30pm	Melanie Jackson – Reducing the cascade of intervention for better birth
4:30pm	Close

Speakers

Norma Barrett BA, MSc

Norma is currently a confirmed PhD candidate investigating parents' experiences of maternity care and health service quality through the analysis of healthcare complaints. Her doctoral research seeks to better understand patient experiences and identify opportunities to enhance the quality, safety, and responsiveness of maternity care.

Anna Brown MOst, DO

Dr Anna Brown is an osteopath who treats primarily infants, young children and pregnant women with a combination of craniosacral and traditional osteopathy. She teaches courses to osteopaths on how to treat mouth breathing patients. She is passionate about advocating for breastfeeding, and is currently studying for a Diploma in Breastfeeding Management.

Deborah Carrington MBBS (Hons), BMedSc, FRACGP-RG, FACRRM, IBCLC, DCH

Dr Debbie Carrington is a rural generalist GP and IBCLC working in South West Victoria, specialising in breastfeeding medicine and perinatal care. She is a medical educator for RACGP and ACRRM and is passionate about rural families having equitable access to quality postnatal care and breastfeeding support.

Melissa Cole MS, IBCLC, RLC

Melissa is an IBCLC, neonatal oral-motor assessment professional, and clinical herbalist in private practice. Melissa holds a bachelor of science degree in maternal child health and lactation consulting and her master's work is in therapeutic clinical herbalism. Melissa actively conducts research and collaborates with several lactation and health care professional associations.

Mairaed Crawford MBBS, RANZCOG Assoc (Procedural), FRACGP

Mairaed is a specialist GP who works supporting parents in their transition to parenthood. Her interests are supported by additional qualifications in obstetrics and gynaecology, infant feeding and sleep support, maternal mental health and the real-world experience of raising two low-sleep-needs, rambunctious boys.

Tarnya Eggleton IBCLC, RN, CAFHN-Grad Cert

Tarnya is a child health and family nurse and IBCLC with the Royal Flying Doctor Service SA/NT. She has been an IBCLC for ten years, and working in the field of Child and Family Health Nursing (CaFHS) for more than twenty years. Tarnya supports families and their children from birth to 5 years, who live across outback South Australia.

Melanie Jackson PhD, GradDipMid, MN, BHSc

Dr Melanie Jackson (AKA Melanie The Midwife) has been a private midwife for 18 years, providing continuity of care and supporting women to birth at home. She hosts The Great Birth Rebellion Podcast, and leads The Assembly of Rebellious Midwives. Melanie holds a PhD in Midwifery titled Birthing Outside the System: Wanting the Best and Safest.

Melody Jackson FRACGP, MBBS, MPH, BSc(Nurs), IBCLC

Dr Melody Jackson is a GP, IBCLC and an adjunct senior clinical lecturer (UNDS). She is the clinical director of Breastfeeding & Beyond in Bella Vista, Sydney, and also serves on the boards of the Academy of Breastfeeding Medicine (ABM) and the Breastfeeding Medicine Network of Australia and New Zealand (BMNANZ).

Kelly Kara MMid BMid, MMid, PGradDipHlthCare

Kelly Kara is a respected women's health leader with extensive experience in clinical, strategic, and operational roles in maternity care. Originally from Christchurch, New Zealand, she now serves as director of Women's and Children's Services and Patient Experience, as well as senior midwife at Grampians Health.

Tanisha Springall RM, MApplSci

Tanisha is a Gamilaroi woman, mother, midwife, lecturer and PhD candidate. Her master's research explored rates of breastfeeding for First Nations dyads cared for in the Baggarrook model at the Royal Women's Hospital. Her PhD will explore ongoing maternal and infant outcomes, including rates of child notifications and removals, for women and babies cared for by this service.

Hao Vo-Tran MClinPharm, BPharm (Hons), GradCertPharmPrac, FANZCAP (ObsGynae), FAdPha

Hao Vo-Tran is currently the Medicines Information and Publications pharmacist at the Royal Women's Hospital, Melbourne. In this capacity, she provides medicines information to healthcare professionals and the public alike. She is also the editor of the Women's Pregnancy and Breastfeeding Medicines Guide (PBMG).

Registrations

It's easier to register online

To book online go to:

breastfeedingconferences.com.au

Registration type	Full price	Earlybird (if registered by 15 January 2027)	Group (5+delegates)	Student/ unwaged
Two day conference	\$480	\$450	\$420pp	\$420
Two day conference plus workshop	\$775	\$695		
Single day (Day 1 or Day 2)	\$255			
Single day plus webinar	\$350			
Single day conference plus workshop	\$550	\$500		
Workshop only	\$295	\$245	\$220pp	\$220
Webinar	\$350	\$320	\$305pp	\$305
CPR course	\$80	\$70		
CPR course plus two day conference	\$520	\$560		

Accreditation:

Total CPD hours 11.75. CERPs application in process.

ACM CPD application in process.

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