

Accreditation: 4.75 CPD hours

IBLCE: PP202645 - 4.75 L CERPs

Australian Health Practitioner Regulation Agency (AHPRA): This education counts towards your continuing professional development (CPD) hours

RACGP: Points may be self-logged

Prices

CHHHS employees:

Full price – **\$190**

Earlybird price – **\$170**
(if registered by 30th June 2026)

Non CHHHS employees:

Full price – **\$220**

Earlybird price – **\$200**
(if registered by 30th June 2026)

The Cairns Breastfeeding Conference

5th August 2026

The Auditorium | 2nd Floor A block
Cairns Hospital | Esplanade Cairns

To register go to:

[https://fundraising.fnqhf.org.au/
event/buytickets/breastfeeding-conference](https://fundraising.fnqhf.org.au/event/buytickets/breastfeeding-conference)

Or register via the QR code



Cairns and Hinterland
Hospital and Health Service



breastfeedingconferences.com.au

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Program

- 8:00 am Registrations open
-
- 8:45 am Welcome and introductions
-
- 9:00 am **Melody Jackson** – Supporting breastfeeding in the context of diabetes
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- 10:00 am Morning tea
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- 10:30 am **Talisa Thiering** – Indigenising breastfeeding practices in neonatal intensive care units
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- 11:15 am **Sarah Fairhall** – Non-IgE mediated food protein allergies in infancy
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- 12:15 pm Lunch
-
- 1:15 pm **Sarah Bombell** – Supporting breastfeeding in the late preterm infant
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- 2:15 pm Afternoon tea
-
- 2:45 pm **Mairaed Crawford** – Sweet dreams are made of this
-
- 3:45 pm Panel
-
- 4:15 pm Close



Speakers



Sarah Bombell FRACGP, MBBS, DRANZCOG Adv, BMedSc, RN, IBCLC, GradDip Neonatal Care

Sarah is a GP obstetrician and IBCLC who works in the field of breastfeeding medicine. She is medical director of a dedicated pregnancy, breastfeeding and women's health clinic in Canberra called the Mother Hub. Sarah also provides intrapartum obstetric care for women birthing at Queanbeyan Hospital, and supported them in gaining accreditation as the first Breastfeeding Friendly hospital in the Southern NSW Health District.



Mairaed Crawford FRACGP, MBBS, RANZCOG Assoc (Procedural)

Dr Mairaed Crawford is a specialist general practitioner who works supporting parents in their transition to parenthood, from preconception through pregnancy, birth, the first (wonderfully challenging) 12 months of life and beyond. Her interests are supported by additional qualifications in obstetrics and gynaecology, infant feeding and sleep support, maternal mental health and the real-world experience of raising two low-sleep-needs, rambunctious boys.

Sarah Fairhall MBBS, FACRRM, GradCert Allergic Disease

Dr Sarah Fairhall is a Queensland-trained specialist GP and GP allergist who grew up in Townsville. She undertook her junior doctor training across the Cairns region before venturing to the Central West to complete her rural general practice training and obtain her GP fellowship. Since returning to Cairns in 2016, Dr Sarah has developed extensive experience in paediatric and allergy medicine, with strong links to the paediatric and immunology teams at Cairns Hospital.



Melody Jackson FRACGP, MBBS, MPH, IBCLC

Dr Melody Jackson is a GP, IBCLC, and adjunct senior clinical lecturer (UNDS). She holds a master of public health, graduate diplomas in child health and cognitive behavioural therapy, and a graduate certificate in traumatic stress studies. This unique skill set underpins her passion and expertise in breastfeeding medicine, maternal mental health, and whole-family wellbeing. She is the clinical director of Breastfeeding & Beyond in Bella Vista, Sydney.



Talisa Thiering BNursing, IBCLC

Talisa Thiering is a proud Gumbaynggirr women, neonatal registered nurse and IBCLC. Thiering is passionate about Aboriginal and Torres Strait Islander health and aims to provide culturally appropriate breastfeeding support to Aboriginal and Torres Strait Islander women that is evidence based and Indigenous led.

