

Breastfeeding:

Through a
clearer lens



breastfeedingconferences.com.au

Program

Nicole Bando – A call to action: Healthcare professionals to become independent of the commercial milk formula industry

Gretchen Becker Crabb – Sensory processing and breast/chest feeding: Using co-regulation to support the feeding relationship

Melissa Blake – The influences on mothers when breastmilk feeding a late preterm infant in a special care nursery

Dianne Cassidy – Out of the blue: Postpartum mood disorders and breastfeeding

Melissa Cole – Beyond fenugreek: An individualised approach to herbal galactagogues

Natashia L Conner – Navigating health-seeking behaviour and perceptions of bias

Felicity Davis – The biology of lactation: Exploring the (many) things we don't know about how milk is made, secreted and ejected during lactation

Naomi Dow – “It's not thrush!” – Challenging the candida narrative

Siew Cheng Foong – Galactagogues for breastfeeding mothers of term healthy babies: What does the available research say?

Heranush Hopkins – Embracing cultural diversity in lactation support

Di Huimin – Relieving plugged ducts with new manual therapy from ancient roots

Megan E Jensen – Breastfeeding, maternal asthma and infant respiratory health

Daniela Karall – Breastmilk feeding in inherited metabolic disorders

Lisa Lahey – Navigating the newborn exam for successful breastfeeding

Katrin Langton – Mobile apps in infant feeding: Usefulness and limitations

Anita Moorhead – Does antenatal expressing affect the onset of lactogenesis for women with diabetes? Results from a randomised controlled trial and cohort study

Jeanette Mesite Frem – Techniques and tools for flange fitting: An update

Adam Ofri – Breast imaging and pathology in the pregnant and lactating patient

Kate Rassie – Breastfeeding and obesity

Kate Roche – Facilitating function: Optimising outcomes following tongue tie release

Casey Rosen-Carole – Growing families, welcoming change: Promoting, protecting, and supporting lactation in LGBTQI+ communities

Stefanie Rosin – Biological nurturing

Minna Sillantaka – Managing breastfeeding difficulties in a multidisciplinary way involving lactation consultants and osteopaths

Shereen Soliman – The GLP-1 dilemma: How Ozempic and similar drugs impact breastfeeding in the postpartum period

Katherine R. Standish – Supporting breastfeeding in substance use disorder: A patient-centred approach

Christine Staricka – Missing the point: What we have been getting wrong about breastfeeding

Charlotte Treitl – The myths and mysteries of baby poo

Laurel Wilson – Hot flushes and let downs: The down low on perimenopause and lactation

Marie Zahorick – Marijuana and CBD use in lactation: THC for two?

Speakers

Nicole Bando IBCLC, Advanced APD

Nicole is an advanced accredited practising dietitian and IBCLC who works in private practice. Nicole has extensive community and national level advocacy experience, frequently commenting in the media (TV, radio, and print).

Gretchen Becker Crabb MSE, LPC, OTR/L, CLC, IMH-E®

Gretchen Becker Crabb is a licensed professional counsellor, registered occupational therapist, lactation counsellor, and infant mental health specialist. She is mentor/faculty for the University of Wisconsin-Madison Infant, Early Childhood and Family Mental Health Capstone Program.

Melissa Blake RN, RM, MPET(Education), PhD Candidate

Melissa Blake is a lecturer and PhD Candidate in the School of Nursing and Midwifery at Deakin University. Her PhD explored the influences on mothers who are breastmilk feeding a late preterm infant within the context of a special care nursery.

Dianne Cassidy MA, IBCLC-RLC, ALC

Dianne is an IBCLC, podcaster, author, lactation education manager and has been working with families since 2008. Her evolution began as a clinical, patient-centred IBCLC to a public speaker and educator, where she really shines.

Melissa Cole MS, IBCLC

Melissa Cole is a board-certified lactation consultant, neonatal oral-motor assessment professional and clinical herbalist in private practice. Her bachelor's degree is in maternal/child health and lactation and her master's degree is in therapeutic herbalism.

Natashia L Conner MS, MPhil, PhD, IBCLC

Dr Conner is an IBCLC and has a Masters and PhD in Health Education and Promotion, with a concentration in behavioural health. She has advocated for racial and health equity through health education and health promotion across the United States.

Felicity Davis BPharm(Hons), PhD

Felicity trained as a pharmacist before embarking on a PhD in the field of breast cancer research at the University of Queensland. She now runs two labs in Australia and Denmark focussing on breast development and lactation.

Naomi Dow BSc(Hons), MBChB(Hons), MRCGP, IBCLC

Naomi is a GP, senior clinical lecturer and IBCLC in private practice. She has a passion for evidence-based practice, which sparked her interest in the topic of thrush several years ago.

Siew Cheng Foong MD, MRCP, DipHPE

Dr Siew Cheng Foong is an associate professor at RCSI & UCD Malaysia Campus in the Department of Paediatrics and also serves as a general paediatrician in a public hospital in Penang.

Heranush Hopkins BHLthSc(Integrated Human Health), IBCLC

Heranush Hopkins is an IBCLC that has served families in North and South America, Oceania and the Middle East, giving support in English and Spanish. She works on research neonatal health projects for the University of Auckland.

Di Huimin IBCLC, MClInPsy, Cert-TCM

Di “Daphne” Huimin is an IBCLC and Traditional Chinese Medicine (TCM) acupoint massage therapist from Beijing, China. She is the author of China’s first lactation consultant textbook.

Megan E Jensen PhD, AdvAPD

Dr Jensen is an advanced accredited practicing dietitian and senior research fellow at the Hunter Medical Research Institute and the University of Newcastle, Australia. She leads a Maternal & Paediatric Respiratory Nutrition research program, with a dedicated research stream on breastfeeding.

Daniela Karall MD, IBCLC

Dr Daniela Karall is an IBCLC and paediatrician with specialisation in neonatology and paediatric intensive care, neuropaediatrics and inherited metabolic disorders. She works at Medical University of Innsbruck’s Clinic for Pediatrics.

Lisa Lahey FNP-C, IBCLC, CIMI, CSOM

Lisa Lahey is a holistic family nurse practitioner specialising in maternal child health and myofunctional therapy. Her expertise also includes functional medicine, feeding therapy, infant massage, craniosacral therapy and myofascial release.

Katrin Langton PhD, BNutrSc(Distinction)

Katrin Langton is a media and communications researcher with a background in nutrition science, and a strong interest in maternal and child health. Her current research investigates the role of apps in the transition to parenthood.

Jeanette Mesite Frem MHS, IBCLC, CCE

Jeanette Mesite Frem is a childbirth educator, IBCLC, and retired birth doula based in Massachusetts, USA. She has worked with families as a Peace Corps volunteer in Côte d'Ivoire, West Africa and went on to receive a master's degree from Johns Hopkins School of Public Health.

Anita Moorhead RN, RM, IBCLC, PhD candidate

Anita is a clinical nurse/midwife consultant (Lactation) at the Royal Women's Hospital, Melbourne. She is also the trial coordinator for the DAME (Diabetes and Antenatal Milk Expressing) trial and PhD candidate at the Judith Lumley Centre, La Trobe University.

Adam Ofri BMed, MS, FRACS, MAdvSurg

Dr Adam Ofri is a breast surgeon in Sydney, Australia. He has a passion for academia being a senior lecturer at the University of Sydney, and a clinical research fellow at the Royal Prince Alfred Institute of Academic Surgery.

Kate Rassie MBChB, FRACP

Dr Kate Rassie is a consultant endocrinologist at Monash Health and at Jean Hailes for Women's Health, Melbourne. A final-year PhD candidate, her doctoral thesis focuses on the relationships between maternal metabolic health and breastfeeding.

Kate Roche BSc Physiotherapy, MISC, MCSP, IBCLC

Kate is the clinical director at the National Tongue Tie Centre in Ireland. She is a chartered physiotherapist, IBCLC and paediatric feeding therapist with further training in feeding therapy, orofacial myofunctional therapy and craniosacral therapy.

Casey Rosen-Carole MD, MPH, MEd, FABM, NABBLM-C

Dr Rosen-Carole is chief of the Division of Breastfeeding and Lactation Medicine at the University of Rochester, NY. She was associate editor of Breastfeeding: A guide for the medical profession, 9th Ed. and will be co-editor for the 10th edition.

Stefanie Rosin IBCLC, PhD(Health Sc)

Stefanie Rosin is an IBCLC and the national coordinator for Germany at the World Breastfeeding Trends Initiative (WBTi) and was involved in the documentary East Meets West: Protecting, Promoting, and Supporting Breastfeeding.

Minna Sillantaka Osteopath, Master of Health Care

Minna Sillantaka is a Finnish osteopath in private practice. Her research focuses on multidisciplinary support and management of breastfeeding difficulties through lactation consultation and osteopathy.

Shereen Soliman

Dr Shereen Soliman is a paediatrician, clinical nutrition physician, neonatology consultant and instructor at the Egyptian board of paediatrics, as well as an IBCLC with over 22 years of experience.

Katherine R. Standish MD, MSc

Dr Standish is a fellowship-trained breastfeeding medicine specialist and researcher in the Department of Family Medicine at Boston University. She is co-founder of the Breastfeeding Equity Center at Boston Medical Center.

Christine Staricka BS, IBCLC, RLC, CE, FILCA

Christine Staricka is an IBCLC and trained childbirth educator. She is the host of Evolve Lactation Community and the Evolve Lactation Podcast and is the facilitator of the first licensed Baby Café to open in California.

Charlotte Treidl IBCLC

Charlotte Treidl, widely known as “The Milk Rebel,” is a powerhouse in the world of lactation and infant feeding advocacy. She is IBCLC and clinical lead for Parenting at Anya.

Laurel Wilson IBCLC, RLC, INHC, CLSP

Laurel Wilson is a TEDx and international speaker, author, perinatal expert, lactation consultant, and integrative health coach with over three decades of experience in maternal-child health.

Marie Zahorick MS, APRN, FNP-C, PMHNP-BC, IBCLC

Marie Zahorick started as a LLL Leader and went on to work as a hospital-based bilingual IBCLC. She then became a board-certified family nurse practitioner, later obtaining a post-master's certificate in psychiatry.

Accreditation:

IBLCE Approval: CL2024-AU2 - Total: 29 Cerps
(27 L Cerps & 2 E Cerps)

This comprehensive webinar, brings together 29 leading experts from around the globe to offer evidence-based insights and practical tools for supporting breastfeeding across diverse contexts.

Covering biological, cultural, psychological, and clinical aspects, the program supports healthcare professionals, lactation consultants, and advocates to approach breastfeeding through a more informed, equitable, and holistic lens.

Registrations

It's easiest to register online at:
breastfeedingconferences.com.au

Get a Group!

Discounts available when you get a group – plus extra benefits for group organisers. See the website for more information or email us at barb.glare@gmail.com

Prices

Full Price: **\$345**

Earlybird price: **\$295**
(if registered by July 20th)

Group price – 8 or more delegates: **\$270**

Student/unwaged: **\$270**



Breastfeeding Conferences is a proudly Australian company