

Lactation: Evidence, Innovation, Care



Gold Coast – 19th and 20th Feb 2026

Sofitel Gold Coast Broadbeach
81 Surf Parade

Adelaide – 23rd and 24th Feb 2026

Pullman Adelaide
16 Hindmarsh Square

Perth – 26th and 27th Feb 2026

Novotel Perth Langley
221 Adelaide Terrace

Lactation: Evidence, Innovation, Care

Join us for “Lactation: Evidence, Innovation, Care” — a two-day, practice-oriented intensive program.

Discover the latest evidence on the physiology of lactation, explore innovative strategies to address common breastfeeding challenges, and refine your ability to provide compassionate, effective care for mothers and babies.

Led by internationally respected experts Catherine Watson Genna and Lisa Marasco, this event blends research with real-world practice, equipping health professionals with the tools and confidence to empower families on their breastfeeding journey.

Accreditation: 13.75 CPD hours
IBLCE: CERPs pending

Australian Health Practitioner Regulation Agency (AHPRA):
This education counts towards your continuing professional development (CPD) hours

RACGP: Points may be self-logged

Program

Day 1

8.00am	Registrations open
8.30am	Welcome and introductions
8.45am	Lisa Marasco – Unravelling the mysterious milk ejection reflex
10.15am	Morning tea
10.30am	Catherine Watson Genna – Compensation or dysphagia? Analysing and assessing suck:swallow patterns by observation and cervical auscultation
12.00pm	Lunch
12.45pm	Lisa Marasco – Mammary hypoplasia: Improving our understanding to optimise care
2.15pm	Afternoon tea
2.30pm	Catherine Watson Genna – Breastfeeding babies with torticollis
4.00pm	Lisa Marasco – PCOS phenotypes: The key to optimising treatment strategies for low supply
5.00pm	Close

Day 2

8.45am **Catherine Watson Genna** – Tongue tie:
Back to the drawing board – discovery
through research

10.15am Morning tea

10.30am **Lisa Marasco** – When the butterfly goes
astray: How thyroid dysfunction can
undermine breastfeeding

12.00pm Lunch

12.45pm **Catherine Watson Genna** – Allergy and
maternal diet

2.15pm Afternoon tea

2.30pm **Lisa Marasco** – FIL and milk production
regulation: What have we learned?

3.30pm **Catherine Watson Genna** – Positioning
for breastfeeding: Special needs infants

4.45pm Close

Speakers



Lisa Marasco MA, IBCLC, FILCA

Lisa Marasco has been working with breastfeeding mothers for 35 years and has been an IBCLC since 1993. She holds a Master's degree in Human Development with specialisation in Lactation Consulting and was designated a Fellow of ILCA in 2009. Lisa is co-author of Making

More Milk: The Breastfeeding Guide to Increasing Your Milk Production, a contributing author to the Core Curriculum for Interdisciplinary Lactation Care, and a Cochrane Collaborative author. She is retired from the Women, Infant and Children (WIC) program of Santa Barbara County but continues to research, write and speak as well as spend time with her children and grandchildren.



Catherine Watson Genna BS, IBCLC

Catherine Watson Genna is an IBCLC in private practice in New York City since 1992. She loves to teach, locally mentoring clinical interns and traveling to educate healthcare professionals around the world on assisting breastfeeding babies with anatomical, genetic or

neurological problems. Catherine collaborates with Columbia University and Tel Aviv University Departments of Biomedical Engineering on research projects investigating the biomechanics of the lactating nipple and various aspects of sucking and swallowing in breastfeeding infants. She is the author of Selecting and Using Breastfeeding Tools: Improving Care and Outcomes, and Supporting Sucking Skills in Breastfeeding Infants as well as professional journal articles and chapters in the Core Curriculum for Lactation Consultant Practice and Breastfeeding and Human Lactation.

Registration

To register go to:
breastfeedingconferences.com.au

Prices

Full registration (2 days) – **\$495**

Half registration (1 day) – **\$265**

Earlybird price – **\$475**

(If registered by 12 January 2026)

Group price (5+ delegates) – **\$450**

Student/Unwaged – **\$450**

