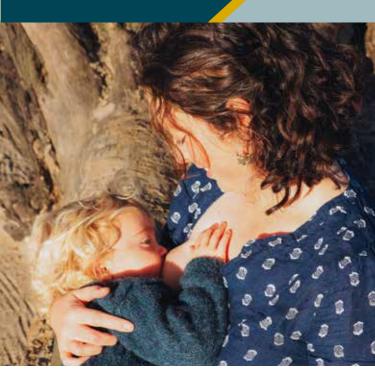
Lactation: Evidence, Innovation, Care



Gold Coast - 19th and 20th Feb 2026

Sofitel Gold Coast Broadbeach 81 Surf Parade

Adelaide - 23rd and 24th Feb 2026

Pullman Adelaide 16 Hindmarsh Square

Perth - 26th and 27th Feb 2026

Novotel Perth Langley 221 Adelaide Terrace



Lactation: Evidence, Innovation, Care

Join us for "Lactation: Evidence, Innovation, Care" — a two-day, practice-oriented intensive program.

Discover the latest evidence on the physiology of lactation, explore innovative strategies to address common breastfeeding challenges, and refine your ability to provide compassionate, effective care for mothers and babies.

Led by internationally respected experts Catherine Watson Genna and Lisa Marasco, this event blends research with real-world practice, equipping health professionals with the tools and confidence to empower families on their breastfeeding journey.

Accreditation: 13.75 CPD hours

IBLCE: CERPs pending

Australian Health Practitioner Regulation Agency (AHPRA): This education counts towards your continuing professional development (CPD) hours

RACGP: Points may be self-logged

Program

Day 1

| 8.00am | Registrations open |
|-------------|---|
| 8.30am | Welcome and introductions |
| 8.45am | Lisa Marasco – Unravelling the mysterious milk ejection reflex |
| 10.15am | Morning tea |
| 10.30am | Catherine Watson Genna – Compensation or dysphagia? Analysing and assessing suck:swallow patterns by observation and cervical auscultation |
| 12.00pm | Lunch |
| | |
| 12.45pm | Lisa Marasco – Mammary hypoplasia: Improving our understanding to optimise care |
| 12.45pm | Improving our understanding to |
| | Improving our understanding to optimise care |
| 2.15pm | Improving our understanding to optimise care Afternoon tea Catherine Watson Genna – Breastfeeding |

Day 2

| 8.45am | Catherine Watson Genna – Tongue tie: Back to the drawing board – discovery through research |
|---------|---|
| 10.15am | Morning tea |
| 10.30am | Lisa Marasco – When the butterfly goes astray: How thyroid dysfunction can undermine breastfeeding |
| 12.00pm | Lunch |
| 12.45pm | Catherine Watson Genna – Allergy and maternal diet |
| 2.15pm | Afternoon tea |
| 2.30pm | Lisa Marasco – FIL and milk production regulation: What have we learned? |
| 3.30pm | Catherine Watson Genna – Positioning for breastfeeding: Special needs infants |
| 4.45pm | Close |

Speakers



Lisa Marasco MA, IBCLC, FILCA

Lisa Marasco has been working with breastfeeding mothers for 35 years and has been an IBCLC since 1993. She holds a Master's degree in Human Development with specialisation in Lactation Consulting and was designated a Fellow of ILCA in 2009. Lisa is co-author of Making

More Milk: The Breastfeeding Guide to Increasing Your Milk Production, a contributing author to the Core Curriculum for Interdisciplinary Lactation Care, and a Cochrane Collaborative author. She is retired from the Women, Infant and Children (WIC) program of Santa Barbara County but continues to research, write and speak as well as spend time with her children and grandchildren.



Catherine Watson Genna BS, IBCLC

Catherine Watson Genna is an IBCLC in private practice in New York City since 1992. She loves to teach, locally mentoring clinical interns and traveling to educate healthcare professionals around the world on assisting breastfeeding babies with anatomical, genetic or

neurological problems. Catherine collaborates with Columbia University and Tel Aviv University Departments of Biomedical Engineering on research projects investigating the biomechanics of the lactating nipple and various aspects of sucking and swallowing in breastfeeding infants. She is the author of Selecting and Using Breastfeeding Tools: Improving Care and Outcomes, and Supporting Sucking Skills in Breastfeeding Infants as well as professional journal articles and chapters in the Core Curriculum for Lactation Consultant Practice and Breastfeeding and Human Lactation.

Registration

To register go to:

breastfeedingconferences.com.au

Prices

Full registration (2 days) – **\$495** Half registration (1 day) – **\$265**

Earlybird price – **\$475** (If registered by 12 January 2026)

Group price (5+ delegates) - \$450

Student/Unwaged - \$450

