

Assessment to Action:

Clinical Reasoning for Complex
Lactation and Infant Feeding

With Melissa Cole



Warrnambool – Feb 25th, 2027

The Studio at The Lighthouse Theatre,
185 Timor St, Warrnambool VIC

Brisbane – March 3rd, 2027

The Hotel Grand Chancellor Brisbane,
23 Leichhardt Street, Spring Hill QLD

Sydney – March 5th, 2027

Sydney Central Hotel, 169-179
Thomas Street, Haymarket, NSW



Breastfeeding
Conferences

Program

8:00am	Registration Open: Tea and Coffee Served
8:45am	A Case Study Approach to Critical Thinking Skills for Lactation Professionals
10:00am	Low Milk Production Detective Work: Assessment and Care Plan Considerations
11:15am	Morning Tea
11:45am	Evaluating Beyond The Frenulum: Assessment and Activities for Supporting Optimal Infant Oral Function
1:00pm	Lunch
1:45pm	Beyond Fenugreek: Critically Thinking About Herbal Support
3:15pm	Afternoon Tea
3:30pm	Common Infant Digestive Health Concerns and Useful Support Strategies
4:30pm	Close



Melissa Cole MS, IBCLC, PMH-C

Melissa Cole is an IBCLC, neonatal oral motor assessment professional, clinical herbalist, and perinatal mental health-certified provider with over two decades of experience. As the founder of Luna Lactation & Wellness, Melissa provides clinical lactation consultations, mentorship for healthcare professionals, and education worldwide on topics ranging from infant feeding challenges to integrative perinatal care. Her approach bridges tradition and science, empowering families and providers alike with practical tools, clinical insight, and compassionate guidance. Melissa is also an international speaker, researcher and published author. Before entering clinical practice, Melissa's background was in education, language, and cultural arts while living and studying in Japan. This experience deepened her cross cultural awareness, communication skills, and creativity—strengths that continue to serve her well in supporting diverse families with sensitivity and care.

Abstracts

A Case Study Approach to Critical Thinking Skills for Lactation Professionals

There are many reasons infants struggle to latch and feed well. Critically thinking through a case involves assessing all the variables that may be impacting feedings. This is no easy task when we must consider what is happening on the parent's side and the infant's side. How can we put all the pieces of a complex case together in order to be an effective lactation detective?

Low Milk Production Detective Work: Assessment and Care Plan Considerations

Concerns about low milk production can be frustrating for parents and clinicians alike. There are many reasons milk production can be compromised. How can lactation and health professionals best assess the root causes of the production issue at hand and suggest targeted, sustainable ideas?

Evaluating Beyond The Frenulum: Assessment and Activities for Supporting Optimal Infant Oral Function

Is it a tongue tie? What else could be going on? Having a deeper understanding of the orofacial complex and functional oral motor patterns can help take your assessment techniques to the next level. Curious about jaws, tongues, palates, oral tone, suck patterns, and more? This session will focus on understanding the finer details and the bigger picture when it comes to infant oral assessment.



Beyond Fenugreek: Critically Thinking About Herbal Support

Herbs have been used throughout history to nourish the postpartum parent and enhance lactation. Today over 80% of the global population use plant medicines in postpartum and infant care. How can we approach galactagogues for lactating parents in an individualised way? This session will support clinicians to evaluate evidence and determine safety regarding galactagogues.

Common Infant Digestive Health Concerns and Useful Support Strategies

Many parents are coping with babies that are uncomfortable and unhappy due to digestive health concerns. Dealing with a fussy, uncomfortable baby is emotionally and physically draining. What is normal and what's not in regard to stooling, spit up/reflux, colic/fussiness, food sensitivities, and more?

Accreditation:

IBLCE Approval: PP202669 - 6.25 L CERPs

Breastfeeding Conferences has been accepted by the International Board of Lactation Consultant Examiners® (IBLCE®) as a Preferred Provider for the listed Continuing Education Recognition Points (CERPs) programme. Determination of CERPs eligibility or CERPs Provider status does not imply IBLCE's endorsement or assessment of education quality. As a Preferred Provider, Breastfeeding Conferences attests that it complies with the WHO Code and subsequent WHA resolutions.

Registrations

It's easiest to register online at:
breastfeedingconferences.com.au

Prices

Full price: **\$295**

Earlybird price: **\$245**
(if registered by Jan 15th 2027)

Student/unwaged: **\$220**
(if registered by Jan 15th 2027)

Group price: **\$220**
(5 or more if registered by Jan 15th 2027)



breastfeedingconferences.com.au