

THE MILK EFFECT

Shaping the First
1000 Days and Beyond

September 20th 2026 –
January 20th 2027



Program

Peta Arthurson – Teaching skills to help mothers make sense of breastfeeding

Carmela K Baeza – Babies who refuse the breast: A differential diagnosis from an ecosystemic approach

Amy Brown – Passion, perseverance and burnout in lactation support

Dianne Cassidy – The butterfly affect: Thyroid disorder and breastfeeding

Ellen Chetwynd – Body led breastfeeding: A full-body approach to understanding suck dysfunction

Roslyn Donnellan-Fernandez – Pro-active breastfeeding support for women with individual needs and specific physical challenges

Naomi Dow – Beyond triple feeding: A targeted approach to low milk production

Kelly Durbin – High-tech tools to tracking apps: Are we overcomplicating breastfeeding?

Miriam Feen – “Waiting for the bite” Breast/chest feeding with natal and baby teeth

Meghan Gramlick – Breastfeeding and laryngomalacia: A personal perspective

Carole Hervé – How can breastfeeding help overcome sensory food aversion?

Wendy Ingman – The biology of the mammary gland in lactation

Jessica Jackson – Evidence to practice: Navigating family and partner support in tandem breastfeeding

Tameka L. Jackson-Dyer – Lactation after loss

Wendy Jones & Joellene Mitchell – Breastfeeding and anaesthesia

Renee Kam – An exploration of breast hypoplasia as a reason for low milk production

Emily Little – The proximity paradox: A cross-cultural and psychological perspective on breastfeeding and infant sleep

Bonnie Logsdon – The language of lactation: Building trust and effective communication in lactation support

Jenny Lynn – Crying babies: Hidden stories

Jeanne Marshall – Mind the gap: Feeding support for infants with cleft lip and/or palate

Gillian Opie – Breastfeeding and paediatrics

Maleesa Pathirana – Breastfeeding and future cardiometabolic health

Jill Rabin – Navigating breastfeeding for medically complex babies with feeding challenges

Libby Salmon – Missing something? Cell-based human milk products and their regulation: An update for clinicians

Margaret Saltysiak – Tongue-tie management in infants: Historical context, current evidence, and clinical controversies

Rosa Sorribas – WHO Complementary Feeding Guidelines: Insights, challenges, and practical applications

Amy K. Spangler – Teaching without preaching

Vicky Thomas – From the micro to the macro and back again: How research impacts the family in front of you

Justine van der Watt – Supporting families with expressing

B.J. Woodstein – Inclusive LGBTQ+-friendly approaches to infant feeding

Maria Yelland – Mother's milk matters: Supporting breastfeeding and lactation in neonatal units



Speakers

Peta Arthurson IBCLC

Peta Arthurson is an IBCLC and lactation educator with a diverse background spanning clinical care, education, and program development in maternal and infant health.

Carmela K Baeza MD, IBCLC

Carmela is a family physician specialising in breastfeeding medicine. She is author of several scientific papers as well as a parenting book in Spanish.

Amy Brown PhD

Amy Brown is a professor of maternal and child health at Swansea University where she directs the research centre Lactation, Infant Feeding and Translational Research (LIFT).

Dianne Cassidy MA, IBCLC, RLC, ALC, CLSP, NLS

Dianne is a podcaster, author, lactation education manager, speaker and IBCLC with Advanced Lactation Certification and MA in Health and Wellness/Lactation.

Ellen Chetwynd PhD, MPH, BSN, RN, IBCLC

Ellen is a clinician-researcher who developed Body-Led Breastfeeding (BLB) by integrating cranio-sacral techniques, epidemiology, and lactation consulting.

Roslyn Donnellan-Fernandez PhD, RM, RN, BN, MNg, IBCLC, GradCert MID (Pharm)

Roslyn is a midwife and director of Primary Maternity Care Programs at Griffith University with experience at three Australian universities.

Naomi Dow BSc (Hons), MBChB (Hons), MRCP, IBCLC

Dr Naomi Dow is a GP/IBCLC in the UK, a senior clinical lecturer at the University of Aberdeen and a volunteer breastfeeding peer supporter.

Kelly Durbin MEd, IBCLC

Kelly Durbin is an IBCLC, childbirth educator, author, and volunteer breastfeeding counsellor. She is the author of *Protecting Your Potential for Breastfeeding*.

Miriam Feen IBCLC

Miriam Feen is an IBCLC in private practice and works in the NHS Specialist Infant Feeding Clinic managing complex cases in the community.

Meghan Gramlick RM

Meghan is a midwife and a mum of three. She has personal experience breastfeeding a baby with laryngomalacia.

Carole Hervé IBCLC

Carole Hervé is an IBCLC, trainer, author, and speaker, and founder of Question d'Allaitement, a breastfeeding clinic in Paris. She lectures at the University of Poitiers.

Wendy Ingman BSc (Hons), PhD

Associate professor Wendy Ingman is a breast biologist at the University of Adelaide, based at The Queen Elizabeth Hospital.

Jessica Jackson PhD, RMN, SCPHN

Dr Jessica Jackson's research explores breastfeeding beyond infancy, focusing on stigma, social support, and cultural norms.

Tameka L. Jackson-Dyer BASc, IBCLC, CHW

Tameka is an IBCLC, doula, and community health worker with a private practice Crazymilk Lady Lactation Support Services.

Wendy Jones PhD, MRPharmS, MBE

Dr Wendy Jones has a background as a pharmacist and a breastfeeding supporter who specialises in medications and breastfeeding.

Renee Kam PhD, BPhysio

Renee is a public health researcher with experience in physiotherapy, lactation consulting, and maternity care research.

Emily Little PhD

Emily Little is a researcher, educator, and consultant, specialising in the cultural and biological foundations of parent-infant contact and early caregiving.

Bonnie Logsdon RD, LD, IBCLC

Bonnie is a dietitian, IBCLC, doula, speaker, and educator, and founder of Bonnie Knows Breast®.



Jenny Lynn IBCLC, BCST

Jenny Lynn is an IBCLC and biodynamic craniosacral therapist in private practice. She also works for Breastfeeding Conferences.

Jeanne Marshall BSpPath, PhD

Dr Jeanne Marshall is an experienced practising speech pathologist and internationally recognised researcher and educator in pediatric feeding disorder.

Joellene Mitchell MBChB, FRCA, MSc

Dr Joellene Mitchell is a consultant anaesthetist working in the NHS in Scotland and lead author for the clinical guideline for Breastfeeding and Anaesthesia.

Gillian Opie MBBS, IBCLC, FRACP

Gillian is a consultant neonatologist and an IBCLC. Gillian was instrumental in establishment of the Mercy Health Breastmilk Bank.

Maleesa Pathirana BMedSci (Hons), PhD

Dr Maleesa Pathirana is a clinical researcher and an affiliate lecturer with the Robinson Research Institute and University of Adelaide.

Jill Rabin MS, CCC-SLP/L, IBCLC

Jill Rabin is a pediatric speech pathologist and IBCLC in private practice. She co-authored the book *Your Baby Can Self-Feed, Too!* with Gill Rapley.

Libby Salmon BVSc, MVCS, PhD

Libby Salmon is a researcher at Australian National University. Her work explores breastfeeding policy, human milk sharing, and health equity.

Margaret Saltysiak DrPH, IBCLC

Margaret is a public health educator and IBCLC. She teaches at UC San Diego Extended Studies, hosts the Behind the Latch podcast, and owns Naperville Lactation Services.



Rosa Sorribas IBCLC

Rosa Sorribas is an IBCLC, doula, and babywearing consultant based in Barcelona. She is the co-founder of CrianzaNatural.com and also co-founded eCrianza.com.

Amy K. Spangler MN, RN, IBCLC

Amy Spangler is a nurse, IBCLC and educator, and serves on the adjunct faculty at Emory University School of Nursing. She is president of Baby Gooroo.

Vicky Thomas MBBS, MRCPHC

Dr Vicky Thomas is a consultant paediatrician with expertise in infant feeding, child behaviour, and nutrition for children with medical complexity.

Justine van der Watt RN, RM, IBCLC, Endorsed midwife, MMid (Research)

Justine is a nurse, midwife and IBCLC. She has extensive experience working in NICU and privately as a midwife and lactation consultant.

B.J. Woodstein IBCLC, PhD

B.J. Woodstein is a translator, writer, doula, lactation consultant, consultant in EDI and education, and honorary professor of literature and translation.

Maria Yelland BFin, BMid, MPhil (student)

Maria Yelland is a midwife and MPhil researcher focused on improving breastfeeding and lactation outcomes for preterm infants.

Accreditation: 30.25 CPD hours

IBLCE: CERPs applied for

Australian Health Practitioner Regulation Agency (AHPRA): This education counts towards your continuing professional development (CPD) hours

RACGP: Points may be self-logged

Breastfeeding Conferences has been accepted by the International Board of Lactation Consultant Examiners® (IBLCE®) as a Preferred Provider for the listed Continuing Education Recognition Points (CERPs) programme. Determination of CERPs eligibility or CERPs Provider status does not imply IBLCE's endorsement or assessment of education quality. As a Preferred Provider, Breastfeeding Conferences attests that it complies with the WHO Code and subsequent WHA resolutions.

Join us for The Milk Effect: Shaping the First 1000 Days and Beyond

September 20th 2026 – January 20th 2027

This webinar brings together leading international experts to explore the impact of breastfeeding and early feeding experiences on infant, maternal, and family health. Covering topics from lactation science and neonatal care to mental health, feeding challenges, communication, and public health, this series offers practical, evidence-informed education to help strengthen outcomes for babies, mothers, and families.

Registrations

It's easiest to register online at:
breastfeedingconferences.com.au

Get a Group!

Discounts available when you get a group.
See the website for more information or email us at barb.glare@gmail.com

Prices

Full price: **\$345**

Earlybird: **\$295** (if registered before August 21st)

Group price: **\$270pp** (for groups of more than 8)

Student/unwaged: **\$270**

